THEY DON'T FIT THE BELL CURVE

SLEIGH BELLS' NEW ALBUM SOUNDS LIKE '80S METAL MEETS CYNDI LAUPER PAGE 12

OTTAWA metro

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Senators newest defenceman 'thrilled' to play in hometown

The Ottawa Senators' new defenceman Marc Methot speaks to reporters at a press conference at Scotiabank Place Tuesday. GRAHAM LANKTREE/METRO

Canada Day trade. Marc Methot says he found out about his move from the Blue Jackets via Twitter

GRAHAM LANKTREE
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Traded to his hometown team on Canada Day, the Ottawa Senators' new defenceman Marc Methot said he's overwhelmed by all the support he's getting.

"I'm pretty passionate about playing in my home city," he said. "You're playing for your family and friends and you don't want to let them down. It's been awesome, but very overwhelming."

The 27-year-old Methot said he found out on Twitter about his trade from Columbus, where he has played all his 275 NHL career games, before getting the official word from the team's general manager Scott Howson. Before joining Columbus in 2006, Methot played for the OHL's London Knights from 2002 to 2005, winning the Memorial Cup with the team in 2004-05.

Already Methot said he's feeling welcome on the Senators team after getting a call from centre Jason Spezza. "Spezza called me to congratulate me the day I was traded on Canada Day. They're a hard working team with a good work ethic. So I think I'll fit right in."

Methot said he intends to use his speed and size to play against tough lines of opposing teams.

"I know what I'm capable of," he said. "I'm capable of shutting down lines."

Last year, Methot scored a goal and six assists with the Blue Jackets before missing the final 28 games after breaking his jaw.

Sarkozy searched

French investigators hunt around ex-president's home amid suspicions he accepted illegal campaign donations from L'Oreal heiress PAGE 7

Hostile climate

Wildfires, heat waves, freak storms — if you were wondering what global warming looks like, this is it, scientists warn PAGE 8

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Nepean Equestrian Park lease with NCC must end: Committee

Final vote next week.
Getting out of the horse-riding biz will save more than $320,000: Report

JOE LOFARO
joe.lofaro@metronews.ca

The city's finance and economic development committee voted Tuesday to recommend that council not renew a lease for the 25-year-old Nepean National Equestrian Park on Corkstown Road, even as members of the public pleaded with councillors to keep the park running.

The park has run a $140,000-per-year deficit since the city implemented a cost-recovery model for the operation six years ago, according to a committee report. The report says the city could save $320,658 if it pulls out of the lease with the National Capital Commission.

City council will put the finance committee's recommendation to a final vote next week.

Elaine Gagnon was among the public delegates who were pushing councillors to keep the park running.

Gagnon said she is concerned about the park's future because her 18-year-old son, Joey, has persuasive development disorder and benefits from private, customized therapeutic lessons there.

"It's not always easy for children such as Joey to be accepted into programs," she said.

Follow Joe Lofaro on Twitter @giuseppelo

Park's future

What will happen to the Nepean Equestrian Park? City staff said the park's owner, the National Capital Commission, will look for a different operator. Here are some public delegates' suggestions:

- The city keep running the park.
- Wealthy philanthropists take over.
- A public-private partnership.
- A private firm takes over.

Horses graze in a field at the Nepean National Equestrian Park on Tuesday. Yesterday Elaine Gagnon, inset, and other members of the public asked the city to renew its lease on the facility and keep equestrian programs running. The city's finance and economic development committee turned them down, but did vote to recommend the city spend $50,000 on funding therapeutic equestrian programs for children. GRAHAM LANKTREE/METRO; INSET: JOE LOFARO/METRO (INSET)

Nurses to get cash infusion in discrimination settlement

Ruth Walden, the first nurse to file a complaint with the Canadian Human Rights Tribunal, listens at a press conference announcing a settlement between the federal government and nurses. NOURAN ABDELLATIF/FOR METRO

Nurses who worked as medical adjudicators for the Canada Pension Plan will get more than $150 million collectively in a gender-discrimination settlement.

Ruth Walden, a registered nurse and medical adjudicator with the Canada Pension Plan disability program, filed the original complaint in 2004. By 2007, more than 400 other nurses had filed their own. Now more than 700 nurses — working and retired — are being compensated, the union representing the nurses said at a press conference held in Ottawa Tuesday.

"Of course, this settlement is a compromise because it does not provide us with full compensation for our losses," said Walden. "But we're very happy that all the victims of the discriminatory practice will be compensated."

A Canadian Human Rights Tribunal found medical adjudicators have been discriminated against based on gender and were mis-classified and received smaller wages and benefits as a result.

"We're also celebrating an important victory for the nursing profession and for all Canadians," said Walden. "We're very proud to have made a contribution to justice and fairness in the workplace."

NOURAN ABDELLATIF/FOR METRO

By the numbers

Nurses will get lump sums depending on when they worked. Below are per-year compensation levels for three periods of service.

- 1978-1989: $20,000
- 1990-99: $40,000
- 1999-2011: $16,500

Pain-and-suffering compensation of $400 will be paid out for every year of employment.

Nurses who worked 1978-2011 could collect $260,000.

1 NEWS

On the web

Pitting brother against brother

Doug Pitt has had a rough life. The non-famous Pitt has had to compete with his movie-star brother Brad all his life. But the younger sibling is finally getting the attention he deserves in his first-ever endorsement, which highlights just how amazing (and ordinary) his life is. Go to metronews.ca to read the full story.

Mobile news

Talk about your peaks and valleys. Superstar screenwriter Aaron Sorkin, who should be basking in the warm glow of his Oscar win for The Social Network, is suddenly the object of scorn and ridicule. Scan the code to watch the video that has everyone talking.

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Algonquin College student Mohamed Mohamed casts his ballot in Ottawa on Tuesday, the first day of the Libyan National Congress election. JOE LOFARO/METRO

Libyan-Canadians cast ballots in 'historic' vote

Post-Gadhafi Libya. Last year, student was fighting with revolutionary force, but on Tuesday, he finally voted in Libya's first free election

JOE LOFARO
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As he cast his ballot in Libya's first free election on Tuesday, Algonquin College student Mohamed Mohamed reflected on the four months he spent fighting there alongside revolutionary forces.

He said he fought in his home country for the overthrow of Moammar Gadhafi's 42-year dictatorship and for a democratic government.

"Now the voting and stuff, the reality sunk in that Libya's different. It's a new Libya," the 22-year-old said Tuesday after voting at Tom Brown Hall on Bayview Road. "This is a turning point for all Libyans."

Mohamed said he left his oil-industry job in Fort McMurray to join the revolutionary forces in Misrata, where he worked with a vehicle equipped with missiles.

"I was fighting for something I believed in strongly," he said, draped in a large Libyan flag.

"Coming back in Canada, you're actually thankful and grateful for all this stuff we take for granted, you know, in our daily lives, like having a safe ride home."

He said the Libyan National General Congress election will bring the country back to a "normal, civilized society."

As voters registered with organizers and dabbed their index fingers with dye, many of them were calling it a "historic" vote they once thought would never happen.

Follow Joe Lofaro on Twitter @giuseppelo

Quoted

"I was crying because I was thinking of all the people who sacrificed their lives for this moment. I want to see the peace."

Asma Eshakshuki, the first woman in Canada to vote in the Libyan election

Voting sessions

Tuesday was the first day of out-of-country voting for the Libyan National Congress election. Eligible voters in Canada have until Saturday to vote.

Only six countries outside of Libya — Canada, the United States, Germany, the United Arab Emirates, Jordan and the United Kingdom — are running voting sessions ahead of the Libyan vote on July 7.

Voting in Canada takes place on the second floor of Tom Brown Hall at 141 Bayview Rd. in Ottawa.

The election will choose 200 members to form the National General Congress in Libya.

Arsenic, Social Media and the Origin of Life

A free public lecture by Dr. Rosie Redfield of the University of British Columbia

Sunday, July 8 at 7:30 p.m.
Canada Hall 2-3 of the Ottawa Convention Centre

Dr. Redfield will address important questions regarding the process of peer review, the sensationalism of media, and the involvement of social media in scientific debate.

Hosted by the Canadian Society for Ecology and Evolution and sponsored by the University of Ottawa.

CSEE SCEE

uOttawa

E-bikes' growing popularity revs up the city's education blitz

It's not a bike, it's not a motorcycle and it's not a scooter, yet e-bikes are becoming more and more popular across the city as people look for alternative transport in the face of high gas prices.

In a public meeting Tuesday evening, Ottawa police planned to team up with the city to let people know some of the rules around these new additions to city streets.

"In bus fares alone, I've saved $800 bucks since I bought the bike last October," said Steve Kemball, an e-bike enthusiast, adding that his ride cost about $700. "I've been using it quite a lot because I don't have a driver's licence and don't intend on getting one."

Unlike scooters, e-bikes don't have combustion engines; unlike bicycles, they aren't powered only by pedals.

Kemball plugs his bike into an outlet outside his office for a couple of hours. He says he only spends about $4 a month on electricity for the bike.

Steve Kemball sits atop his e-bike, which he said is saving him money on bus fare and doesn't require licensing or insurance. GRAHAM LANKTREE/METRO

The bikes were banned from National Capital Commission pathways late last year after concerns about their increased weight and speed, but they can travel anywhere else bicycles are allowed, said Ottawa police sergeant Jim Devine.

"They are treated as bicycles, with the exception that riders must be 16 years old and must wear an approved helmet," he said.

Quoted

"In bus fares alone I've saved $800 bucks since I bought the bike last October."

Steve Kemball

GRAHAM LANKTREE/METRO

Ex-president's home searched in finance probe

France. L'Oreal heiress suspected of providing illegal campaign cash to Sarkozy's party during 2007 campaign

Former French president Nicolas Sarkozy. THE ASSOCIATED PRESS

French investigators searched former president Nicolas Sarkozy's home and office on Tuesday as part of a probe into suspected illegal financing of his 2007 presidential campaign by the L'Oreal cosmetics heiress, an official said.

Potential legal troubles have threatened Sarkozy since he lost the presidency to Socialist Francois Hollande in May elections. Sarkozy, who lost his immunity from prosecution June 15, denies wrongdoing.

Judge Jean-Michel Gentil and other investigators from the Paris financial crimes unit conducted Tuesday's search of Sarkozy's home and offices, the official said. The official spoke on condition of anonymity because he was not authorized to be publicly named discussing an ongoing investigation.

The probe centres on the finances of France's richest woman, L'Oreal cosmetics heiress Liliane Bettencourt.

A long-running family feud over her fortune ballooned in 2010 into a multi-layered investigation and political affair. Allegations emerged that Bettencourt provided illegal campaign cash to Sarkozy's party during the 2007 campaign. Sarkozy vigorously denies the claims.

The allegations struck a chord with Sarkozy's critics, who were frustrated with Sarkozy's handling of the recession-hit economy and saw him as too cozy with the rich.

THE ASSOCIATED PRESS

Farmers want to butt out tobacco bill

Tobacco farmers smoke cigarettes during a protest against a bill on stricter tobacco control in Jakarta, Indonesia, on Tuesday. Thousands of farmers staged the protest claiming the bill — which would ban cigarette advertising and sponsorships, add graphic images to packaging, and prohibit smoking in public — would lead to massive job losses that would affect thousands of tobacco farmers and their families in Indonesia, the world's third-largest tobacco consumer. TATAN SYUFLANA/THE ASSOCIATED PRESS

Syria using torture centres to fight uprising: Group

Syrian security forces are running more than two dozen torture centres where captors punch staples into detainees' skin, tear out their fingernails, beat them with sticks and administer electric shocks to their genitals and other body parts, an international rights group said Tuesday.

The New York-based Human Rights Watch said the frequency of torture in Syrian detention centres could constitute crimes against humanity and called for international action.

"The systematic patterns of ill-treatment and torture that Human Rights Watch documented clearly point to a state policy of torture and ill-treatment and therefore constitute a crime against humanity," the group said.

It called on the United Nations Security Council to refer the situation in Syria to the International Criminal Court in the Hague and to impose sanctions on those who practice or oversee torture.

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Making neighbours green with envy

Peterborough project. Students on target to build Canada's greenest home

Endeavour Centre students are learning what it takes to build a green home. TORSTAR NEWS SERVICE

Table saws buzz. Hammers bang. The scent of lumber perfumes the summer air as dust floats on the breeze.

Safety-gear-wearing workers move through the framed lower level of a 2,000-square-foot home and prepare the second floor for wall installation.

Bits of straw poke out of the prefabricated, straw-bale-insulated walls that will be erected on the second floor of what builders hope will be Canada's greenest home.

It's being built in Peterborough, Ont.

"The process of doing a green building is, in a lot of ways, very similar to traditional building," said Chris Magwood, director of Endeavour Centre, the sustainable construction school undertaking this residential project.

Eight students, ranging in age from 19 to the early 50s, have signed up for the Endeavour Centre's Sustainable New Construction certificate program to learn what it takes to build a green home.

Trial and error

"Any time we mess something up, we always go back and fix it and it takes so long sometimes, but it's always done right."
Student Jeremy Clarke, 19

The students made the 16-inch-thick, eight-foot-tall, one-tonne walls themselves as part of a one-day lesson with Nature Built, the Welland, Ont.-based company that manufactures them.

Many builders have never heard of the elements going into this structure: Think insulation made from ground-up off-cuts of blue jeans and walls made by hand using bales of straw.

TORSTAR NEWS SERVICE

Hi, neighbour

- By the time the students are finally finished their handiwork, the Peterborough home will look like a typical residence in the neighbourhood.
- "At the end of the day, for the homeowner, you'd never know that you're living in a sustainable home, except for it makes it a little bit easier in things like water consumption and electricity consumption," explained student Jeremy Clarke.
- While working on the house, many of the students have also discovered other potential careers ... as tradespeople in the slowly growing green-building industry.

When life begins. Group is short of signatures in anti-abortion battle

An anti-abortion group in Ohio has failed in its attempt to gather enough signatures to change the state constitution to declare that life begins when a human egg is fertilized.

Backers of the proposed constitutional amendment in Ohio and elsewhere hope to spark a legal challenge to the U.S. Supreme Court's 1973 Roe vs. Wade decision that gave women a legal right to abortion.

Patrick Johnston, director of Personhood Ohio, said Tuesday the group collected only about 33,000 of the roughly 385,000 signatures that are required for a November vote.

Supporters in Ohio had hoped to alleviate concerns that the amendment could make some birth control illegal and deter in vitro fertilization.

They had phrased their proposed amendment to say it wouldn't affect "genuine contraception" or in vitro procedures.

THE ASSOCIATED PRESS

Student mauled. Chimps won't die for vicious attack, investigator says

Two adult chimpanzees that viciously attacked a U.S. student at a sanctuary in South Africa were defending their territory and will be allowed to live, the lead government investigator said Tuesday.

Conservationist Dries Pienaar blamed human error for Thursday's attack.

Andrew Oberle crossed between two fences to retrieve a rock the chimps were in the habit of throwing at tourists.

Oberle was in critical condition and in a medically induced coma in the hospital by Monday night. On Tuesday, doctors refused to describe his condition, saying the family, which has arrived from the United States, is traumatized and asking for privacy.

Pienaar said the chimps tore off one of Oberle's testicles and some fingers from one hand as well as mauling his head.

Oberle is a post-graduate student of anthropology and primate behaviour at the University of Texas at San Antonio. THE ASSOCIATED PRESS

Big feet, fat wallet saved Canadian, parents say

Kenya. Kidnapped aid workers rescued by pro-government Somali militia on Monday

Big feet and a fortuitously placed wallet helped save the day for a Canadian aid worker snatched at gunpoint at a Kenyan refugee camp and marched with three other captors across the border into Somalia, his parents said Tuesday.

Clearly relieved after days of frantic worry, Carol-Ann and Peter Dennis were able to share some of the humour that helped sustain their son Steve Dennis during his ordeal.

"He's tall, so he's got big feet," Carol-Ann said.

"The trackers could track them because they could see the big foot and some little feet in the pattern of walking."

Dennis, 37, of Toronto and fellow Canadian Qurat-Ul-Ain Sadazai, 38, of Gatineau, Que., were among four aid workers snatched at gunpoint from the Dadaab refugee camp near the Somalia border on Friday.

Their Kenyan driver was killed when four gunmen attacked their two-vehicle convoy. Dennis was grazed by a bullet during the chaos.

Quoted

"He looks like he just stepped off a cruise."

Peter Dennis upon seeing his rescued son, Steve, alive and well on TV

"In Steve's case, it happened to hit him right in his wallet that he carries in his front (leg) pocket — it bruised him a little bit," his father said.

"He said he was saved by his credit cards."

The group later abandoned the vehicle they had taken and walked across the border.

Also kidnapped and rescued were Astrid Sehl, 33, of Norway, and Glenn Costes, 40, a Filipino.

THE CANADIAN PRESS

Steve Dennis of Toronto arrives by Kenyan military helicopter at Wilson airport in Nairobi, Kenya, on Monday. KHALIL SENOSI/THE ASSOCIATED PRESS

Benefits. Feds scrambled to revise policy on refugee health coverage

The Conservatives were forced to amend their policy on cutting off benefits for refugee claimants just forty-eight hours before it came into effect.

A spokesperson for Immigration Minister Jason Kenney said Tuesday the end of extended health benefits for refugee claimants was never meant to apply to government-assisted refugees.

But with a June 30 deadline looming on the proposed changes, the department realized that's exactly how the new rules would apply — and officials were forced to get cabinet approval for an amendment.

The approval came through only at the last minute: The order-in-council making the change was signed on June 28 and published Tuesday.

The policy — which strips refugee claimants of access to pharmaceutical, dental and vision coverage and limits other forms of coverage — had been announced in April.

It's projected to save the government $20 million a year for the next five years. At the time, the Conservatives said the changes were meant to ensure refugee claimants didn't get better health benefits than average Canadians.

But the change was met by immediate and sustained criticism from advocacy groups who accused the Conservatives of denying care to some of the most vulnerable in Canadian society.

That included refugees brought over by Canada through its international obligations, known as government-assisted refugees. About 7,500 come to Canada each year.

THE CANADIAN PRESS

Jason Kenney THE CANADIAN PRESS

Quoted

"Our intention was never to have this policy impact government-sponsored refugees who have been living in UN refugee camps, who arrive in Canada as permanent residents, but who do not initially qualify for provincial social support."

Alexis Pavlich, spokeswoman for Immigration Minister Jason Kenney

Nigeria

Hippo shot dead after killing men

A hippopotamus that killed two fishermen in Nigeria's northeast has been shot dead, authorities said Tuesday, highlighting how ill-equipped Nigerian wildlife-control officials are to protect both wildlife and the communities that surround them. Local hunters killed the hippo in the town of Shelleng on the bank of the Benue river last Sunday. THE ASSOCIATED PRESS

Mystery

Hunt is on for Earhart's plane

A $2.2-million US expedition is hoping to find out once and for all what happened to aviator Amelia Earhart when she went missing over the South Pacific 75 years ago. A group of scientists, historians and salvagers headed for a remote island in the Pacific nation of Kiribati Tuesday in hopes of finding the wreckage of Earhart's plane. THE ASSOCIATED PRESS

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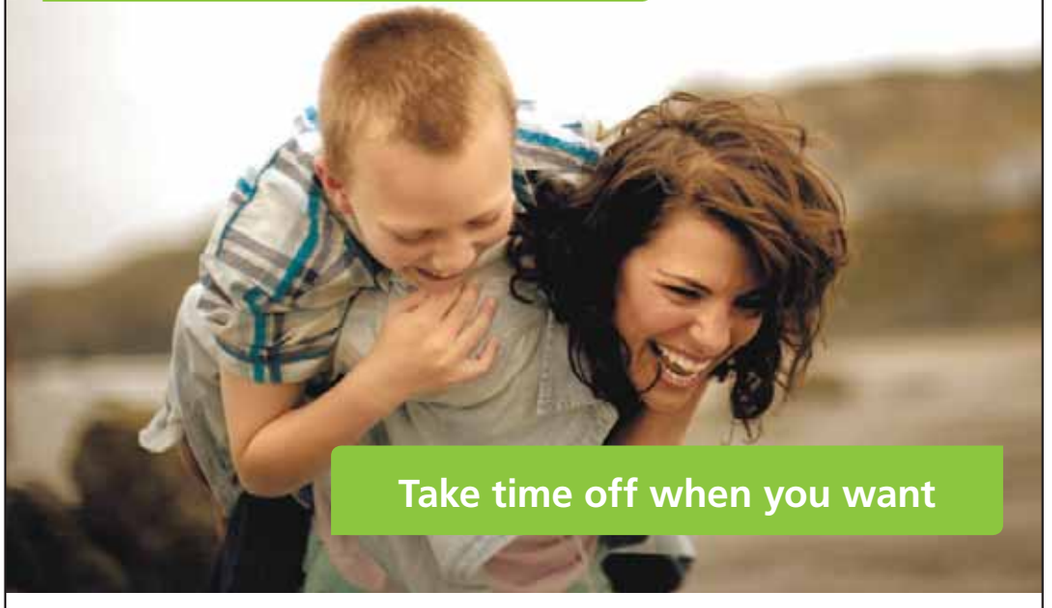

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Furry find

Now their car's running purrfectly

Two women pulled into Rob Clarke's auto-repair shop in Komoka, Ont., and complained of "meows" coming from the engine.

Clarke popped open the Mercedes Benz's hood and found … a kitten was lodged toward the back of the engine. She is now in a local foster home.

METRO IN LONDON

Spending furor

Bev Oda quits, shuffle on way?

International Co-operation Minister Bev Oda resigned Tuesday, giving Prime Minister Stephen Harper the space he needs for a cabinet shuffle this summer.

Oda's spending habits sparked a furor earlier this year when it was revealed she had rejected one five-star hotel in London, England, for another, more luxurious one at more than double the cost.

She had also hired a luxury car and driver for an average of $1,000 per day.

Her departure will force a byelection in the suburban Toronto riding of Durham within six months.

THE CANADIAN PRESS

Rant on JetBlue flight

Judge decides not to convict pilot

A federal judge in Texas has ruled that a JetBlue pilot who left the cockpit during a flight and screamed about terrorists is not guilty by reason of insanity.

Passengers wrestled Clayton Osbon to the floor after he ran through the plane's cabin during the March 27 flight from Las Vegas to New York.

He will now be examined at a mental-health facility.

THE ASSOCIATED PRESS

Elliot Lake shock

OPP launch probe into roof collapse

New information has forced provincial police to launch a criminal investigation into a fatal mall-roof collapse in Elliot Lake. Two women were killed.

Premier Dalton McGuinty has also announced a public inquiry.

THE CANADIAN PRESS

In the heat of the moment, blame global warming

But is it the culprit?
Scientists cagey: Too early to say it's behind some wacky weather

Melissa Mgana kisses her five-year-old daughter Sofia amid the ruins of their home in Colorado Springs, Colo. It was destroyed in a wildfire on the weekend. HELEN H. RICHARDSON/DENVER POST/THE ASSOCIATED PRESS

Hot enough for ya? Is this what global warming has in store for us?

Just look at North America's weather picture in recent weeks:

Horrendous wildfires.

Oppressive heat waves.

Devastating droughts.

Flooding from giant deluges.

Weather expert Kevin Trenberth calls it "I told you so" time.

The head of climate analysis at the National Center for Atmospheric Research in fire-charred Colorado says he warned of these record-breaking conditions, but many people wouldn't listen.

Jonathan Overpeck, professor of geosciences and atmospheric sciences at the University of Arizona, goes further.

"This is what global warming looks like at the regional or personal level," he says.

He adds: "This is certainly what I and many other climate scientists have been warning about."

But climate scientists also warn it's far too early to say global warming is the cause of the wacky weather. It takes intensive study, complicated mathematics, computer models and lots of time, they say.

Weather is always variable, they stress. Freaky things happen. THE ASSOCIATED PRESS

Turn on the air conditioning … please

Is the world warming up? Listen to the scientists …

- Since Jan. 1, the U.S. has set more than 40,000 hot-temperature records, but fewer than 6,000 cold ones, says the National Oceanic and Atmospheric Administration.
- Through most of last century, the U.S. used to set hot and cold records evenly, but since 2000 America has set two hot records for every cold one, says climate expert Jerry Meehl of the National Center for Atmospheric Research.

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RIM boss goes on the defensive

'Nothing wrong.'
Heins attempts to cast tech company's current challenges in a positive light

Research In Motion CEO Thorsten Heins THE CANADIAN PRESS

Research In Motion chief executive Thorsten Heins was on the defensive Tuesday, insisting "there's nothing wrong with the company as it exists right now," and that he's confident the BlackBerry maker will get past its current challenges.

Heins led the march of several executives who fanned out to media outlets in an effort to cast a positive glow on the company, which has been facing an increasing amount of negativity over its seemingly endless problems.

Last week, RIM shocked the market with another delay to its crucial BlackBerry 10 operating system, which has been considered by many as a last-ditch effort to save the company. But that was only part of the bad news.

RIM also said it would lay-off about 5,000 employees as it slashes costs across the organization to contend with faltering sales of its BlackBerry smartphones and a quickly eroding stock price.

In morning trading on Tuesday, RIM's stock was down seven cents to $7.47 on the Toronto Stock Exchange.

Heins acknowledged the company faces a challenge to regain market share in the United States, but insisted RIM isn't in a "death spiral."

"There's nothing wrong with the company as it exists right now," Heins said on CBC's Metro Morning radio show.

Heins said the major changes RIM has made to its management and business objectives since he became CEO in January are part of a massive transition to a whole new technology platform.

He said sales in other parts of the world remain strong and argued the transition to the BlackBerry 10 will be a completely different way for RIM to address mobile computing.

But before that launch sometime early next year, RIM needs to survive the rest of 2012. Many analysts expect that will be particularly challenging as the company tries to market its older lineup of smartphones to savvy North American users who could easily switch to Android phones or the new Apple iPhone expected sometime this fall.

RIM is turning to its global customer base in hopes that will keep sales afloat in the meantime. Some of its older phones are still relatively new in some regions. THE CANADIAN PRESS

Canadian firms set sights on gold

A truck drives down a Pueblo Viejo mine in the Dominican Republic. Barrick Gold Corp. of Toronto and Goldcorp Inc. of Vancouver are poised to open one of the world's largest gold-mining operations in a country where the industry has a toxic legacy of pollution that stained rivers a searing red and failed to lift the fortunes of the largely poor country. MANUEL DIAZ/THE ASSOCIATED PRESS

Market Minute

DOLLAR
98.77¢
(+0.55¢)

TSX
11,848.75 (+252.19)

OIL
$87.66 US (+$3.91)

GOLD
$1,621.80 (+$24.10)

Natural gas: $2.899 US (+7.5¢)
Dow Jones: 12,943.82 (+72.43)

Markets scandal

Barclays CEO, COO resign

Barclays chief executive Bob Diamond quit his job Tuesday in a financial-markets scandal that has also seen the chairman announce his intention to resign and has sown the seeds for another investigation into Britain's banking sector.

Jerry del Missier, appointed only last month as chief operating officer at the bank, resigned hours after Diamond left.
THE ASSOCIATED PRESS

Online video

Netflix viewers surpass 1B hours

Netflix announced Tuesday that its subscribers watched more than a billion hours of online video last month as the advent of high-speed Internet connections and mobile devices changes people's viewing patterns.
THE ASSOCIATED PRESSS

Lending. BMO predicts key rate will remain low

The Bank of Montreal predicted Tuesday that the Bank of Canada will keep its key interest rate low for longer than it expected.

Economists at the bank are now predicting that the central bank will not raise its key rate until July 2013, six months later than their earlier prediction of January 2013.

The rate affects the prime lending rates at banks and in turn influences all kinds of interest rates including those charged to variable rate mortgages and lines of credit.

But BMO mortgage expert Laura Parsons urged prospective home buyers to choose fixed-rate mortgages, which are also near record lows.

"While interest rates have been at historic lows, the inevitable climb will happen," said Parsons. "Choosing a fixed mortgage can provide protection against rising rates and make the cost of owning a home more manageable in the long run."

Ottawa moved last month to tighten mortgage rules for the fourth time in as many years in an effort to cool the housing market. THE CANADIAN PRESS

Revamp. Chuck E. Cheese gets makeover

Chuck E. Cheese has been given the pink slip.

The company that operates the chain of children's pizza restaurants is retiring the giant rodent's outdated image — and the man who voiced its character for nearly two decades.

CEC Entertainment Inc. says it plans to launch a U.S. ad campaign Thursday with a revamped image of Chuck E. Cheese as a hip, electric-guitar-playing rock star.

It's just the latest makeover for the 35-year-old mascot, which started life as a New Jersey rat who sometimes carried a cigar.

CEC Entertainment, based in Irving, Texas, is struggling to revive sales at its more than 500 pizza restaurants, which offer games, prizes and a musical variety show.

In May, CEC said revenue at its locations open at least a year fell 4.2 per cent in the first quarter and lowered its outlook for the year.

The new Chuck E. Cheese that launches this week will be voiced by Jaret Reddick, the lead singer for the pop-punk band Bowling for Soup. The details of Chuck E.'s new image will be unveiled this week. THE ASSOCIATED PRESS

The new-look Chuck E. Cheese, mascot of the chain of kids' restaurants. THE ASSOCIATED PRESS

REGISTRATION: $68. RUNNING 'TIL YOUR LEGS ARE JELLY: PRICELESS

JUST SAYIN'
Paul Sullivan
metronews.ca/justsaying

I'm always looking for a new experience, so I've decided to sign up for a triathlon: swim, cycle, run; one immediately after another.

A lot of people are fierce and brave, and they like to tackle the Ironman triathlon, which consists of a 3.96-kilometre swim, a 180.25-km bike ride and a 42.2-km marathon, without any rest or dying in between.

I am not an iron man. More like a straw man, so I thought I'd start with a "sprint triathlon," which sounds very zippy, doesn't it? A sprint is to the Ironman what a Yaris is to an F-350 pickup: 700-m swim, 20-km bike ride, 5-km run. There's less chance of sinking like a stone at about 2.57 km into the swim or falling off your bike into a ditch at 127 km, or wandering into traffic, dehydrated and disoriented, around 37 km into the marathon.

Still, this "sprint," which occurs on July 22 (why are my palms sweating already?) has its challenges, not the least being I've never done all three of these things in a row on the same day, and rarely in the same month.

The main challenge, as far as I can tell, is getting through the transition, which means getting from the pool and onto the bike, then off the bike and into running shoes, all while the clock is ticking. The "three Ts" are key to transition: towels, talcum powder and tugging, not necessarily in that order. It's also important not to get confused and cycle in your swim goggles or run in your bike helmet, all of which apparently happen. How would I know? I've never even watched a triathlon.

Which might lead you to ask why I'm doing this. Well, it was either this or one of those river cruises along the Seine. Both of them involve going someplace exotic; either Paris or the pool at UBC. But the river cruise costs $7,000; registering for the triathlon? $68.

No contest.

Two weeks after the Point Grey Sprint Triathlon, on Aug. 7, is a similar event called the London Olympic Triathlon. While I'm just starting out, the great Canadian gold medallist (2000 Sydney Games) Simon Whitfield is in the twilight of his career and will be competing in one last Olympics before he retires, a geezer at 37.

Even though I can spot Simon a couple of years, once again, there are some similarities. Expectations are the key. On Aug. 7, the whole nation will be holding its breath, hoping that Simon is able to win gold one last time. On July 22, my wife will be holding her breath, hoping that I at least make it out of the pool.

OK. So what did you want for $68?

He's no Paul Sullivan, but Simon Whitfield, right, will still compete at the Olympics one last time. RICHARD LAUTENS/TORSTAR NEWS SERVICE

Festival will make you wanna jump

PETER MACDIARMID/GETTY IMAGES

A Brit hit

London launches largest string of summer events

Elizabeth Streb's dancers perform in front of Tower Bridge at the launch of the Mayor of London Presents cultural events program on Tuesday in London, England.

The Mayor of London, Boris Johnson, launched an unprecedented program of free cultural events. From daredevil dancers choreographed by Elizabeth Streb to unusual car-park art exhibitions including the work of artists such as Jeff Koons, David Hockney and Andy Warhol for BMW ART DRIVE presented by the ICA.

This will be the biggest-ever outdoor cultural festival the capital has seen, brought to you by the Mayor of London and London 2012 Festival.

To help visitors navigate through all of the excitement, the mayor also launched a free smartphone app Tuesday, which provides users with information on the festival as well as the city's events, attractions and recommendations on the best restaurants. The app uses Google Maps technology for easy touring.

GETTY

What to do, what to do?

- **Nothing is Set in Stone** by award-winning composer and artist Mira Calix, incorporates an interactive sound system that allows visitors to experience the work through both touch and sound in the peaceful Fairlop Waters.
- **Fish Out of Water.** The English National Ballet and seven sisters group use dance, costume and camcorders to create an innovative performance at two iconic London venues.

From the mayor's office

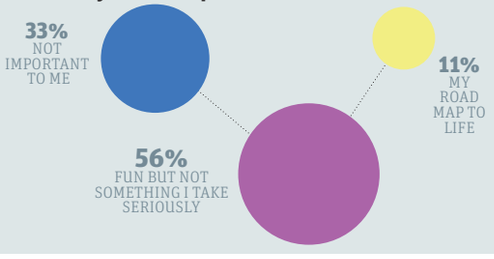
"There has never been a better time to explore London, not just the well-known attractions, but the wonderful local gems waiting to be discovered."

Mayor Boris Johnson

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Your daily horoscope is ...



Twitter

@tweetsonlo: Perhaps #OC Transpo could purchase amphibibuses and operate a Carleton-downtown route via canal, hehe. OC Transboat. #Ottawa

@domipants: Dear #Ottawa, where does one get good fried chicken? Searching and searching with no satisfactory results! Help a girl out!

@lkrupphunter: I may be having a seizure, but it kind of smells like the NCC bleached the entire downtown core after Sunday #ottcity

@marlenespatuk: "Let's go to H&M. Oh wait... " #ottawaproblems

@LindsayMMcPhee: Can I just put "Gone Fishin" on my door all week? Preppin' for some beauty weather here in #Ottawa for the first week of Bluesfest. #stoked

metro

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Why make a new film when you can recycle an old one?

Play it again, Sam. Hollywood has long been a fan of movie reboots. Spider-Man is the latest flick to get a an actor makeover

IN FOCUS
Richard Crouse
scene@metronews.ca

The adage, "The only constant is change," is only partially true in Hollywood. The list of recent movie reboots is as long as Lindsay Lohan's arrest record, and there's more on the way — we'll soon see new versions of Death Wish, Fletch and Highlander — but while the titles stay the same, the faces change.

This weekend, Peter Parker swings back into theatres, but instead of Tobey Maguire behind the familiar red-and-black-webbed mask it's Social Network star Andrew Garfield.

Not everyone is happy about the change. 1234zoomer commented on the new movie: "IS NOT GOING TO BE THE SAMEÒÒ WITHOUT TOBBY!!!," (her uppercase and spelling, not mine), but Maguire has been gracious, saying, "I am excited to see the next chapter unfold in this incredible story."

Whether the new Spidey acknowledges Maguire is yet to be seen, but at least one replacement had the manners to recognize their precursor on screen.

George Lazenby paid a tongue-in-cheek tribute to Sean Connery in On Her Majesty's Secret Service. After a wild battle to rescue Contessa Teresa (played by Diana Rigg) the new James Bond didn't get the girl. "This never happened to the other fellow," he says, looking dejectedly into the camera.

Former Bond Connery went on to co-star in The Hunt for Red October with Alec Baldwin playing Jack Ryan, a character later played by Harrison Ford and Ben Affleck.

It's rumoured that Chris Pine (who took over the part of Captain Kirk in Star Trek from William Shatner) will soon reprise the role.

The Batman franchise has also had a revolving cast. Since 1943 seven actors have played the Caped Crusader, including Lewis G. Wilson, who at 23 remains the youngest actor to play the character, and George Clooney who admits he was "really bad" in Batman & Robin.

It's not only the Caped Crusader who changes from time to time. Harvey Dent, the handsome district attorney who turns into villain Two Face has been played by Billy Dee Williams, Tommy Lee Jones and Aaron Eckhart and The Dark Knight's Maggie Gyllenhaal took over the role of Rachel Dawes from Batman Begins star Katie Holmes.

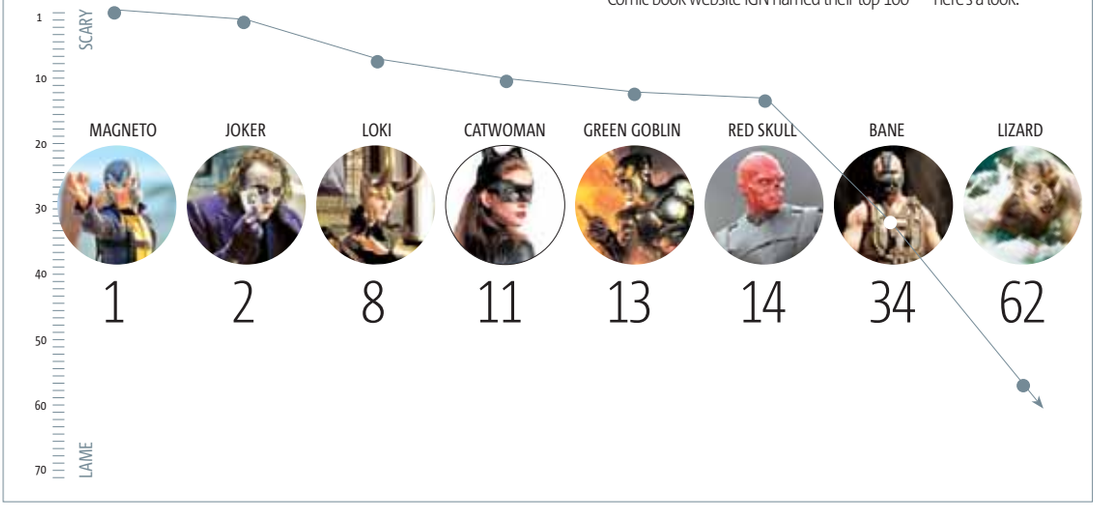
Finally, Jodie Foster's take on FBI agent Clarice Starling in Silence of the Lambs was ranked the sixth greatest protagonist in film history on AFI's 100 Years... 100 Heroes and Villains list, but when she declined to reprise the role in Hannibal, Julianne Moore stepped in.

A bit of a trend

"The adage, 'The only constant is change,' is only partially true in Hollywood. The list of recent movie reboots is as long as Lindsay Lohan's arrest record, and there's more on the way..."

HOW EVIL IS THE LIZARD?

The bad guy in The Amazing Spider-Man is a scientist turned, well, lizard (played by Rhys Ifans). How does he compare to other comic book villains? Comic book website IGN named their top 100 — here's a look.



GRACIOUS GUY
Tobey Maguire has wished the new Spider-Man luck and said, "I am excited to see the next chapter unfold in this incredible story."

2 SCENE

Marketing deal

Pitbull to Alaska: I know you want me

Miami rapper Pitbull might soon be chilling out in Alaska. In a marketing deal, Walmart will send Pitbull, a.k.a Armando Christian Perez, to the store that gets the most "likes" on its Facebook page. Right now, the leading candidate is Kodiak, Alaska. And there may be a reason. A writer for The Boston Phoenix newspaper thought it'd be funny to send Pitbull to the most remote Walmart possible, and is encouraging people to "like" the Walmart in Kodiak. The Kodiak Walmart had more than 35,000 "likes" Monday, more than five times the town's population.
THE ASSOCIATED PRESS

On the web

Dona Bailey, a rare female programmer in Atari's early days, recalls birth of Centipede

Marriage can be a real **killer.**

***New York Times* bestseller Gillian Flynn** brings us this **unputdownable masterpiece** about a marriage gone terribly, terribly wrong.

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Sleigh Bells' Reign of Terror continues

New music. Album plays homage to classic rock bands like Def Leppard and pop acts like Cyndi Lauper and the Go Go's

PAT HEALY
Metro World News

Singer Alexis Krauss of Sleigh Bells has been a staple on the Coachella scene. CHARLEY GALLAY/GETTY IMAGES

Sleigh Bells seemed to emerge fully formed, with a brutally unique sound of overblown guitars and vocals that alternated between pop-singer sweetness and cheerleader vengeance.

The Brooklyn duo's 2009 debut, Treats, landed on nearly every single year-end best-of list, including this publication's.

For their follow-up, Reign of Terror, released this spring, guitarist Derek Miller and singer Alexis Krauss decided to do away with some of the tricks of Treats in favour of more conventional sounds. But they put these sounds into a context that is anything but conventional.

"In a lot of ways, Reign of Terror is an homage to classic rock and a lot of arena rock songs that are pretty formulaic and pretty universal in terms of structure and what they make you feel," says Krauss. "We were very shameless in referencing bands like Def Leppard or pop acts like Cyndi Lauper or the Go Go's."

Where Krauss was filling in pre-written vocal parts for the debut, the pair collaborated more for Reign of Terror, and the result is something more melodic. There are even a few ballads on the album. Krauss says she knows that the combination of '80s metal and their own pop and punk instincts have definitely turned off a few listeners. But she has no regrets.

"We always say that we don't really have any guilty pleasures," she says. "If we listen to something and we like it, we're not embarrassed about referencing it. We're both real lovers of pop music, so I think being able to write a really simple but catchy hook is one of the hardest things to do as a songwriter. And we kind of like thinking that way: 'How can we write a song as good as Pour Some Sugar on Me?'"

Changing sound

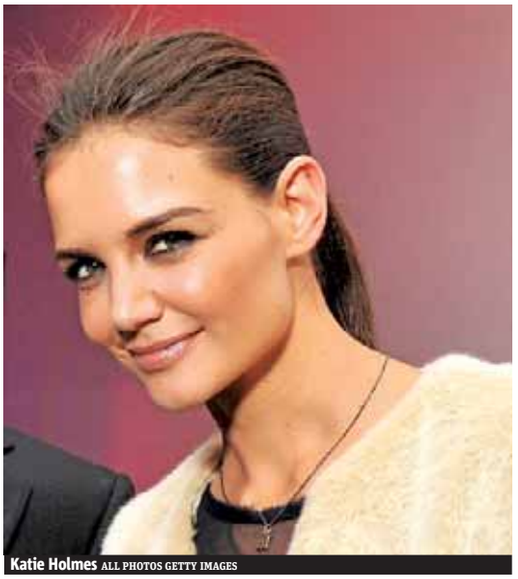
When Sleigh Bells' first single, Crown on the Ground, made its initial rounds on the web, listeners thought there was something wrong with their speakers or earbuds, because Derek Miller's guitar was so maxed out. Krauss said their decision not to employ this technique on Reign of Terror was a natural one.

- **Quote.** "I think Reign of Terror is much more melodic than Treats was, more of a melancholy tone," she says. "At times the music is even more somber, and it just didn't seem appropriate to have songs where everything was pushed completely into the red. "There's a lot more dynamic range on the (new) record. A lot of the way Treats was produced was a result of necessity in the sense that a lot of it was recorded using cheaper gear. ... It was much more DIY, and a lot of times we would just turn up."

Quoted

"In a lot of ways, Reign of Terror is an homage to classic rock and a lot of arena rock songs that are pretty formulaic and pretty universal."

Alexis Krauss
Talking about their new album Reign of Terror.



Katie Holmes ALL PHOTOS GETTY IMAGES

Holmes cut out of Tom Cruise's fortune

Kate Holmes filed for sole custody of daughter Suri. But one thing she won't be walking away with is tons of money, if you believe TMZ.

The site claims the stars' prenuptial agreement "cuts her out of his fortune" and a source says that's A-OK with Holmes.

"She's not about the money. She's not that girl. She loves to work," says the source. "Money is not that important to her. She makes plenty on her own."

Speaking of which, she's still working. Yesterday, she filmed an episode of the TV series Project Runway, according to People.com—without her wedding ring on.

Quoted

"She's not about the money. She's not that girl"

Source
On Katie Holmes

Justin Bieber

Bieber becomes a high school graduate

Justin Bieber has officially graduated high school, making everyone feel officially old.

The 18-year-old actually finished all his exams back in May, when he told the Daily Telegraph that graduating "was something my mom really wanted me to do. I mean, this kind of lifestyle has given me a different perspective on life."

Yahoo's omg blog says his name was indeed on the official list of grads at the St. Michael's Catholic School.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Jennifer Hudson sings new Lullaby

RAISHAD HARDNETT
Metro World News

When many people think of Jennifer Hudson's singing style, they think of a thunderous, room-shaking tone. But now, with her new Pampers-inspired adaptation of the classic Lullaby and Goodnight, the multi-talented performer shows a gentler, sweeter side. We caught up with Hudson last week to discuss her new lullaby recording and how she balances being a mom and a superstar.

How did you incorporate your experiences as a mom into this lullaby?
(By) imagining putting my baby to sleep: What do you want to say to your child? What do you want them to hear before they fall asleep to soothe them, to calm them down? That's why I did it. Anytime he calls me, I say, 'That's my baby.' I always tell him, 'I love your hugs, I love your kisses.' So, I really took it from being a mom, and the real experience of that.

Is it difficult balancing motherhood with your work life?
It can be. That's why I love being from Chicago and living in Chicago. After we had our son, we decided we wanted to go back home, because to me that's what keeps you grounded. That's what keeps the foundation. And then you have family there, which is what keeps something normal, at least for him. I wanted him to have as much of a normal childhood as possible, and I felt like that was the best way to do that — by going back home. And although he is always in my world and watching mommy work, and seeing daddy wrestling — that's different, that will always make him grow up different — if he still has that base, that foundation that we had growing up, then that, to us, is what's important.

What advice do you have for new parents?
I remember when I first had my baby, I wanted all the guests to go home, but I was so terrified of being home alone with him. It's natural to be terrified, but it falls into place. You just fall into it.

Song

Download the song

- **Track.** You can download Jennifer Hudson's take on Lullaby and Goodnight for free at facebook.com/pampers.

Mel Gibson

Gibson at odds with family member

Mel Gibson, stepmother hater? The volatile star has been accused of terrorizing Teddy Joey Hicks Gibson, who married Mel's dad Hutton in 2001. She and Mel apparently disagree on how to treat their ailing father, who has health issues, according to thehollywoodgossip.com.

"Mel began yelling and saying, 'f— this, f— that' while levelling other extremely offensive language at me," said Teddy. Mel added: "not to f— with (Hutton's) treatments."

Alec Baldwin

Alec Baldwin feeling generous

Just days after tying the knot with his yoga instructor, Alec Baldwin donated $1 million to the New York Philharmonic. The gift is in honour of outgoing President and Executive Director Zarin Mehta.

The 30 Rock actor is a Philharmonic board member and hosts its radio show, The New York Philharmonic This Week. He said in a statement Monday that Mehta made his dream of becoming part of the world of classical music come true. Mehta said Baldwin's "remarkably generous gift is just the latest in his steadfast and inspiring support" of the Philharmonic.

THE ASSOCIATED PRESS

Twitter

@amber_benson
Am annoyed that I will forever see myself backwards in every mirror that I look into.

@katyperry
I'm jet lagged but no I won't quote my own song.#jesustakethewheeltoday !

@ParisHilton
Packing for #Ibiza.#YES! Can't wait! Most magical island on earth! Loves it!

@alecbaldwin
Nothing. He quit Twitter. Again.

3 LIFE

Travel in brief

Most Canucks plan to hit the road in summer

An online survey of more than 1,500 people across Canada finds 55 per cent plan to take a vacation this summer. The Leger Marketing poll, conducted last week and released Friday, found the average spending target for those who do plan to vacation in July or August was about $1,700. Respondents from Alberta had the highest vacation budget, averaging nearly $2,300 while Quebec residents had the lowest spending target, at just over $1,300.

THE CANADIAN PRESS

On the web

Midweek July Fourth means confusion for travellers, businesses; Americans seen spending less

5 ways to keep the fun in your family vacation

Evil glares at the airport security line, jam-packed yesterdays that lead to too-tired-to-take-another-step todays, and kids offering TMI to the customs officials. It's no wonder parents get the shakes at the thought of a family vacation. Trust me, I know. My husband and I just spent more than 365 days with our two sons under the age of 10 on an around-the-world trip. Sure, there were moments when my sanity was questionable, but by the time we got home we were all a little wiser about how to make sure we made it through. My hard-learned lessons are your gain. These five tips will help replace your family's whines of "are we there yet?" with, "is it over already?"

TEXT AND PHOTOS BY HEATHER GREENWOOD DAVIS
life@metronews.ca

1 Don't let stressful moments steal your memories

Where we learned it: Beijing, China.
The mission was to meet our phenomenal guide at the Forbidden City. We should've been there by nine. At 10, we were still standing in pouring rain trying desperately to hail a cab. When we finally found one and agreed on the exorbitantly high overcharge, we had the ride of our life. Thrilled with his windfall the driver regaled us with broken English stories that we still giggle at today. We eventually saw and were amazed by the Forbidden City but nothing compared to the taxi ride over.

2 Pack less stuff

Where we learned it: The Mekong Delta in Vietnam.
Nothing will make you glad you didn't pack six pairs of shoes and three party dresses for a weekend away as a $6 deal on a lug-your-own-suitcase boat trip. There isn't a place in the world that doesn't have a laundry washing system or a place you can buy something in an emergency.

3 Ditch the routines you can

Where we learned it: Cairo, Egypt.
At home the kids go to bed at 8, breakfast is at 7 and new friends are rare. On this trip? Bedtime was when they fell asleep, breakfast could include ice cream and every day there was the possibility of adding a new friend. We told the kids it was an adventure and they thrived. So much so that when, in Cairo, we found ourselves playing table tennis on a street corner at midnight and no one blinked an eye. It turns out kids aren't as desperate for routine as we think and sometimes the thrill of a broken routine is needed.

4 The family that stays together loses their collective minds

Where we learned it: France.
We went to the Eiffel Tower twice but the kids were still itching to climb it; I was not. So we made a deal and while my husband took them to the top, I roamed the Champs Elysees. The result was a happier mom at the end of the day and a dad who knew I owed him one. (He cashed in with a boys night later on no questions asked.) While recharging your mojo remember to keep the self-imposed guilt to a minimum. There's nothing in the family vacation rulebook that says you aren't entitled to a vacation too.

5 Bring your phone

Where we learned it: Philadelphia, Penn.
We're so connected at home that a summer vacation can seem like the perfect time to disconnect. Do it if you must but remember that it's not the phone that's the problem, it's what you do with it and how often. Our trip was changed for the better because we had access to Twitter, Facebook and YouTube along the way.

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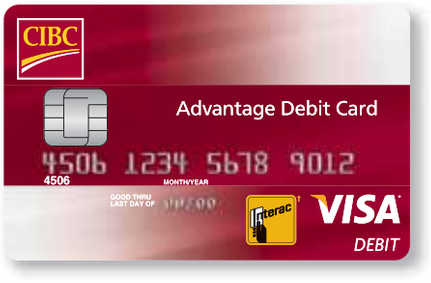

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Grilled Chicken and Creamy Curry Sauce turns up the heat

This recipe bathes boneless, skinless chicken thighs in a delicious curry marinade. The thighs then get tossed on the grill.

Meanwhile, a bit of the marinade (which was reserved before the chicken was added) is blended with low-fat sour cream for a rich condiment to be dolloped on the chicken after it comes off the grill. The result is a moist and richly flavoured chicken curry that is as comfortable solo on a paper plate at a barbecue as it is on a plate of rice indoors.

Ingredients

- 1 cup chicken broth
- 1 small onion, quartered
- 1/2 head garlic, cloves peeled
- 1-inch chunk fresh ginger
- 1-inch chunk fresh turmeric
- 2 sprigs fresh curry leaves
- 2-inch cinnamon stick
- 1/2 tsp cumin seeds
- 1/2 tsp black peppercorns
- 1/4 tsp ground coriander
- 1 tsp salt
- Juice of 1/2 lemon
- 1/4 cup honey
- 1 1/2 lbs boneless, skinless chicken thighs
- 1 cup low-fat sour cream

1. In a blender, combine the chicken broth, onion, garlic, ginger, turmeric, curry leaves, cinnamon stick, cumin seeds, peppercorns, coriander, salt, lemon juice and honey. Puree until very smooth. Transfer a third of the mixture to a small saucepan and set aside.

2. Pour the remaining mixture in a large zip-close plastic bag. Add the chicken thighs, then seal the bag and gently massage to ensure all of the meat is coated by the marinade. Refrigerate for at least 30 minutes, or up to overnight.

3. Meanwhile, set the saucepan of reserved marinade over medium heat. Bring to a simmer and cook until reduced and quite thick, about 10 minutes. Set aside to cool.

Grilled Chicken with Creamy Curry Sauce

This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

4. When ready to cook, heat the grill to medium-high. Coat the grates with oil using an oil-soaked paper towel grasped with tongs.

5. Remove the chicken from the marinade. Discard the marinade. Place the chicken on the grill and cook for 6 to 7 minutes per side, or until the meat reaches 165 F.

6. While the chicken cooks, in a small bowl combine the reserved marinade and the sour cream. To serve, drizzle the sour cream mixture over the chicken.

THE ASSOCIATED PRESS

Drink of the Week

Strawberry Sangria

- 1 bottle (750 ml) dry white wine (Chardonnay, Pinot Grigio)
- 125 ml (1/2 cup) orange liqueur
- 30 ml (2 tbsp) granulated sugar
- 750 ml (3 cups) quartered local strawberries
- 250 ml (1 cup) white cranberry juice
- 250 ml (1 cup) chilled lemon-flavoured sparkling water
- Mint sprigs, for garnish

In a large glass pitcher, combine wine, orange liqueur and sugar; stir until sugar is dissolved. Add strawberries and juice. Refrigerate until chilled. Just before serving, stir in sparkling water. Fill each glass with ice cubes; pour sangria over top. Garnish with mint sprigs. THE CANADIAN PRESS/ FOODLAND ONTARIO

Southern Fried Chicken gets kick with spicy Creole sauce

1. In bowl, whisk in buttermilk, salt and curry powder until salt dissolves. Coat chicken in mix and cover for exactly 1 hour.

2. Whisk flour, baking powder, thyme, pepper, corn starch and garlic powder in a large bowl. Remove the chicken from buttermilk mix, coat with the flour mix and lay on wire rack that is set over a baking sheet.

3. Place oven rack in middle of oven and preheat to 200 F/ 93 C.

4. Pour 1 inch of oil into Dutch oven and heat to 375 F /190 C. Add half of chicken, skin side down. Cover and cook until deep golden brown on first side, 10 minutes.

5. Turn chicken over and continue to fry 7 mins. or until a deep golden brown. Uncover while maintaining an oil temperature of at least 315 F/ 160 C.

6. Transfer to paper towel lined plate; drain 5 mins. Place on wire rack over baking sheet in oven to keep warm.

This recipe serves four. NEWS CANADA

7. Add additional oil to pot as needed. Return the oil to 375 F/190 C and complete the remaining chicken.

8. Sauce: In skillet, roast Cajun spice, add red peppers and sauté 1 min. Deglaze pan with white wine and reduce to half. Add cream and reduce to half. Season with salt and pepper. Serve with chicken.

NEWS CANADA

Ingredients

- 4 cups (1 L) buttermilk
- 3 tbsp (45 g) salt
- 2 tbsp (30 g) curry powder
- 4x4 lbs (2 kg) bone-in chicken pieces
- 5 cups (1.25 kg) flour
- 5 tsp (25 g) baking powder
- 5 tsp (25 g) dried thyme
- 1 tsp (5 g) pepper
- 5 tbsp (75 g) corn starch
- Pinch of garlic powder
- 6 cups (1.5 L) canola oil

Red Pepper Creole Sauce

- ¼ cup (125 ml) heavy cream
- 2 tbsp (30 g) Cajun spice
- ¼ cup (125 ml) white wine
- 1 Ontario greenhouse red pepper, seeded and diced
- ¼ cup (125 g) fresh cilantro
- Salt and pepper to taste

Spicy Rib Dinner. Unique sauce offers flavour burst

1. Combine soy sauce, citrus juice, zest, ginger and garlic in a blender and process to a smooth paste. Spread paste over both sides of ribs and marinate in a refrigerator, 7 hours.

2. Combine dry spices in a blender and grind to powder.

3. Remove ribs from marinade and blot dry with paper towels.

4. Preheat oven to 200 F/ 93 C. Rub spice mix on both sides of ribs. Place the ribs in a pan with the orange juice and braise for 6 - 8 hours.

5. Preheat grill to medium/ high heat. Place ribs on grill and glaze with the roasted tomato ginger barbecue sauce.

6. Barbecue Sauce: Preheat oven to 350 F/149 C. Arrange tomatoes on a baking sheet and sprinkle with brown sugar. Roast tomatoes 1.5 hours. Put all ingredients in blender; process until smooth. NEWS CANADA

Ingredients

- 2 racks of baby back ribs
- 2/3 cups (158 ml) soy sauce
- Juice and grated zest of one orange, lemon and lime
- 1 tbsp (15 g) ginger, minced
- 2 cloves garlic, minced
- 1 tbsp (15 g) sweet paprika
- 2 tsp (10 g) each of Szechuan peppercorns, coriander seeds, cumin seeds & mustard seeds
- ½ tsp (3 g) cayenne pepper
- 2 tsp (10 g) brown sugar
- 2 tsp (10 g) salt

Barbecue Sauce

- 2 oz (336 g) ripe tomatoes
- 1 tbsp (15 g) ginger, minced
- Dash of lemon zest
- 1 hot chili, seeded
- 2 green onions, both white and green parts finely chopped
- 1 clove of minced garlic
- 2 tbsp (30 ml) soy sauce
- 2 tbsp (30 ml) sweet sauce
- 2 tbsp (30 ml) honey
- 1 tbsp (15 ml) rice vinegar
- 2 tsp (10 ml) lemon juice
- ½ cup (125 g) brown sugar
- 4 tbsp (60 g) mustard

Can I order a job with that?

Lunch lesson.
Any business meal can turn into an opportunity. Be prepared.

ISHANI NATH
TalentEgg.ca

There are ways to stay connected without picking up your cell. ISTOCK

It's the other type of brunch and it's not nearly as relaxing. Business lunches are a major part of corporate culture.

The biggest mistake that young hires make at business lunches is assuming that being out of the office means they are no longer in a professional setting, says Linda Allan, a professional etiquette expert and president of Linda Allan Inc. "It doesn't matter how formal or informal the setting, the same standard of etiquette applies."

What standard is that you ask? Well, let's start at the beginning.

Pre-lunch
Dress appropriately. If you're going straight from work, this shouldn't be a problem, but if you're meeting someone, make sure you leave the plaid shirt and short shorts behind. Business lunch means business wear.

Show up early
Punctuality and professionalism go hand in hand and the best way to avoid being late is to show up a bit early. Allan recommends arriving around 10 minutes before your meeting.

If you get to the restaurant before your host, wait in the lobby area. Don't get seated until your lunch partner has arrived.

TalentEgg Tip

- For that added touch, Allan recommends sending a handwritten card after the meeting to thank your host for lunch. It doesn't have to be fancy, just a few sentences to show your appreciation and leave a more memorable impression on your host.

What's on the menu?
When it comes to ordering, play follow the leader. If your host orders a salad, don't order the filet mignon. Try to match the price point and number of courses as your dining buddy.

The same rules apply for drinks. If your host orders alcohol, Allan says students can order a "big kid" drink as well, but at a lunch, it's by no means necessary. If you decide to sip on the good stuff, limit yourself to one order and drink it slowly.

Talking shop
The host generally decides when it's time to get down to business, says Allan, "all you have to do as an invitee to the lunch is follow the lead of the host." If you have questions that you really want answered, wait until after you've ordered and given your menus to the waiter. That will allow enough time for small talk and ensure that you get your answers.

Formal goodbye
The host will signal the end of the lunch, so again, just follow the leader. When the time comes, make sure to get up, shake their hands and thank them for their time. Much like a good dessert, you want to make sure that you end the meal sweetly.

ISHANI NATH IS AN ASPIRING WRITER WHO IS LEARNING THE COMPLEXITIES OF THE CRAFT IN RYERSON UNIVERSITY'S MASTER'S OF JOURNALISM PROGRAM. TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Twitter

@TalentEgg
What's the best advice you have ever received from a mentor?

@lauralux
"Work hard, be kind and amazing things will happen"

@CGA_Ontario
There's nothing wrong with setting lofty goals. Enjoy the pursuit

@NicoleRashotte
Start showering more often

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4 SPORTS

Quoted

"I'm gonna be a kid in a candy store carrying four other kids in a candy store."

Atlanta's Chipper Jones, who said he immediately thought about his children when he was told by Braves general manager Frank Wren on Tuesday that he would replace Dodgers outfielder Matt Kemp on the NL all-star roster. Jones had been a candidate to be voted onto the team by fans in baseball's Final Vote campaign. Instead, Jones, 40, is replacing Kemp, who is on the disabled list with a hamstring injury but plans to participate in the all-star home run derby.

NBA

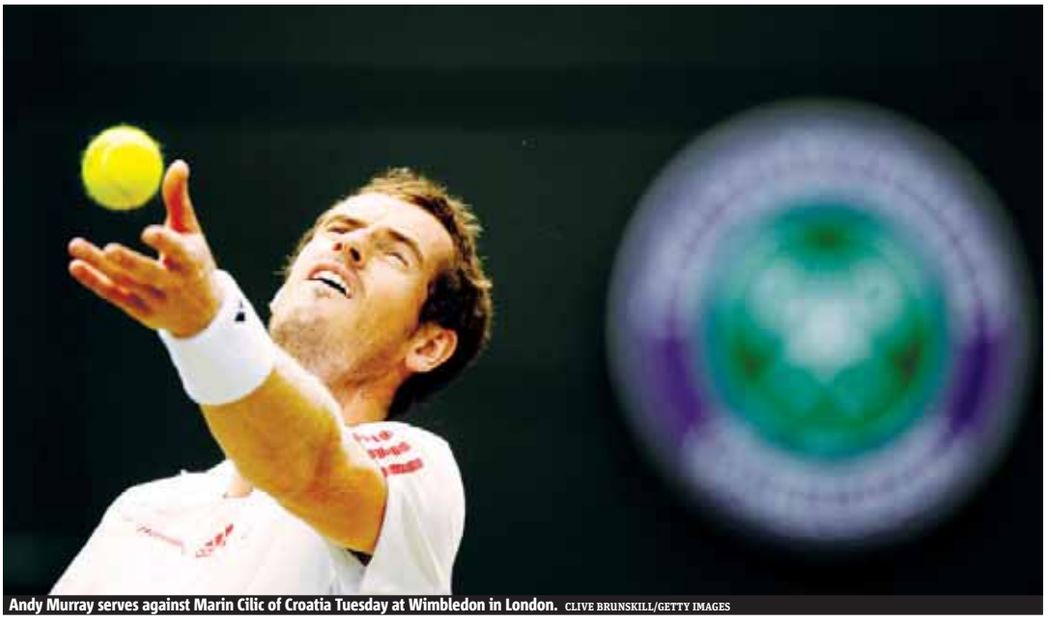
Raptors make move to sign Fields

The Toronto Raptors reached a verbal agreement on an offer sheet with restricted free agent guard Landry Fields on Tuesday. Fields averaged 8.8 points and 4.2 rebounds a game last year with the New York Knicks. The Raptors can't make the offer sheet official until July 11.

THE CANADIAN PRESS

Mobile news

NFL commissioner Roger Goodell shot down appeals from four players suspended in connection with the league's bounty investigation of the New Orleans Saints on Tuesday. Scan the code for the story.



Andy Murray serves against Marin Cilic of Croatia Tuesday at Wimbledon in London. CLIVE BRUNSKILL/GETTY IMAGES

Great expectations for Britain's Murray

Wimbledon. May finally be Andy Murray's year after easy win against Cilic, exit of Nadal

The lofty expectations placed on Great British Hope Andy Murray every year at Wimbledon ramped up several notches following Rafael Nadal's surprising exit.

So far, Murray is coping pretty well.

Even when dealing with a rare venture away from Centre Court, the fourth-seeded Murray easily dispatched Marin Cilic between rain showers in the round of 16 on Tuesday, showing no sign of the increased pressure he has been under since Nadal opened up the bottom half of the draw by losing to the unheralded Lukas Rosol in the second round on Thursday.

Murray was given a standing ovation by a jubilant Court One crowd after his 7-5, 6-2, 6-3 victory over Cilic, who won the grass-court Queen's Club title in the run-up to Wimbledon.

Murray is now just two wins away from becoming the first British man to reach the final at the All England Club since Bunny Austin in 1938. Next up is a quarter-final match against seventh-seeded David Ferrer, who reached Wimbledon's last eight for the first time with a victory over 2009 U.S. Open champion Juan Martin del Potro.

Given the domestic hype surrounding Murray, it promises to be the standout match of the four all-European quarter-finals Wednesday.

Also on Tuesday, Florian Mayer of Germany beat Richard Gasquet to set up a match against top-seeded Novak Djokovic.

Germany will have two players in the quarter-finals after Philipp Kohlschreiber beat Brian Baker, ending the American's remarkable run at his first Wimbledon. Kohlschreiber will play fifth-seeded Jo-Wilfried Tsonga of France, while the other quarter-final will be No. 3-ranked Roger Federer against Mikhail Youzhny — who both had time to complete their wins Monday before rain stopped play in the other five fourth-round matches.

THE ASSOCIATED PRESS

Women's results

- Serena Williams ousted defending champion Petra Kvitova to reach the Wimbledon semi-finals. She will face second-ranked Victoria Azarenka.
- Agnieszka Radwanska will face Angelique Kerber in the other semi.

Cycling

Sagan wins third stage, Cancellara still leads Tour

Pumping his arms in victory, Peter Sagan of Slovakia won the crash-marred third stage of the Tour de France on Tuesday as the race returned home.

Fabian Cancellara of Switzerland remained the overall leader for a fourth straight day. The cyclists, who opened in Belgium, completed a 197-kilometre ride from Orchies that featured five small climbs to an uphill finish in the fishing port of Boulogne-sur-Mer. THE ASSOCIATED PRESS

Peter Sagan GETTY IMAGES

Boxing

Pacquiao loss deemed legal

Nevada's state attorney general found nothing illegal or criminal in Manny Pacquiao's controversial split-decision loss to Timothy Bradley in a welterweight title fight last month in Las Vegas, according to a letter made public Tuesday.

Interviews with the referee of the June 9 fight, two Nevada Gaming Control Board officials and state Athletic Commission director Keith Kizer turned up no evidence of wrongdoing, state Attorney General Catherine Cortez Masto said in the letter to Top Rank chief executive Bob Arum.

THE ASSOCIATED PRESS

NHL. Jagr signs $4.55M deal with Dallas Stars

Jaromir Jagr could be the next big thing in Texas.

The unpredictable winger landed in an unexpected destination, signing a $4.55-million US, one-year deal with the Dallas Stars on Tuesday. Even at age 40, Jagr arrives with big expectations after putting together a 54-point season in Philadelphia following a three-year hiatus in Russia.

"Jaromir Jagr is, without a doubt, one of the best players in the history of this league, and he demonstrated last season that he remains incredibly skilled, productive and valuable," Stars general manager Joe Nieuwendyk said in a release. "We see him fitting into our top two lines and contributing heavily to our offensive attack."

Jaromir Jagr GETTY IMAGES

THE CANADIAN PRESS

MLB

Halladay on track for return after all-star break

Roy Halladay went through a vigorous bullpen session Tuesday before Philadelphia played the New York Mets, and the Phillies' injured ace could be back shortly after the all-star break.

Pitching coach Rich Dubee said Halladay threw 56 pitches, stopping to simulate rest between innings. He could have several more bullpen sessions before pitching a few simulated games. The all-star break runs from July 6-10. THE ASSOCIATED PRESS

NHL. Devils re-sign Salvador for three years

Defenceman Bryce Salvador, a key cog in New Jersey's run to the Stanley Cup finals, re-signed with the Devils on Tuesday. Salvador, 36, received a three-year deal, worth $9.5 million US.

Teamed up with Marek Zidlicky, a midseason acquisition from Minnesota, Salvador found his groove in the playoffs, as the Devils defeated the Panthers, Flyers and Rangers en route to their first Eastern Conference title since 2003. He finished second in post-season scoring among defencemen.

New Jersey, a No. 6 seed that went 14-10 in a surprising post-season run, has brought back Martin Brodeur and Johan Hedberg in net. They also locked up the entire fourth line — a makeshift group that found spring success and featured Ryan Carter, Steve Bernier and Stephen Gionta — as well as defenceman Peter Harrold, who was in and out of the lineup during the four playoff series. THE ASSOCIATED PRESS

By the numbers

14

Bryce Salvador had four goals and 14 points in the post-season after a regular season in which he failed to find the net once.

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	48	31	.608	—
Baltimore	42	37	.532	6
Boston	42	38	.525	6½
Tampa Bay	42	38	.525	6½
Toronto	40	40	.500	8½

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	42	37	.532	—
Cleveland	40	39	.506	2
Detroit	39	41	.488	3½
Kansas City	36	42	.462	5½
Minnesota	34	45	.430	8

WEST DIVISION

	W	L	Pct	GB
Texas	50	30	.625	—
Los Angeles	45	35	.563	5
Oakland	39	42	.481	11½
Seattle	35	47	.427	16

Tuesday's results
L.A. Angels at Cleveland
Minnesota at Detroit
Kansas City at Toronto
N.Y. Yankees at Tampa Bay
Texas at Chicago White Sox
Boston at Oakland
Baltimore at Seattle

Monday's results
L.A. Angels 3, Cleveland 0
Minnesota 6, Detroit 4
Kansas City 11, Toronto 3
Tampa Bay 4, N.Y. Yankees 3
Oakland 6, Boston 1
Seattle 6, Baltimore 3

Wednesday's games
N.Y. Yankees (Phelps 1-3) at Tampa Bay (Price 11-4), 3:10 p.m.
Boston (F.Morales 1-1) at Oakland (Griffin 0-0), 4:05 p.m.
L.A. Angels (E.Santana 4-8) at Cleveland (D.Lowe 7-6), 4:05 p.m.
Baltimore (Tillman 0-0) at Seattle (Noesi 2-10), 4:10 p.m.
Minnesota (Duensing 1-4) at Detroit (Verlander 8-5), 7:05 p.m.
Kansas City (Mendoza 3-4) at Toronto (Villanueva 2-0), 7:07 p.m.
Texas (Feldman 2-6) at Chicago White Sox (Axelrod 0-1), 7:10 p.m.

Thursday's games
Minnesota at Detroit, 1:05 p.m.
Texas at Chicago White Sox, 2:10 p.m.
Tampa Bay at Cleveland, 7:05 p.m.
Kansas City at Toronto, 7:07 p.m.
Baltimore at L.A. Angels, 10:05 p.m.

CALENDAR

July 10 - All-Star game, Kansas City, Mo.
July 13 - Deadline for amateur draft picks to sign.
July 22 - Hall of Fame induction, Cooperstown, N.Y.
July 31 - Last day to trade a player without securing waivers.
Aug 15-16 - Owners' meetings, Denver.
Sept. 1 - Active rosters expand to 40 players.
Oct. 5 - Postseason begins, wild-card playoffs.
Oct. 7 - Division series begin.
Oct. 13 - League championship series begin.
Oct. 24 - World Series begins.
November TBA - Deadline for teams to make qualifying offers to their eligible former players who became free agents, fifth day after World Series.
November TBA - Deadline for free agents to accept qualifying offers, 12th day after World Series.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Washington	45	32	.584	—
New York	43	37	.538	3½
Atlanta	41	38	.519	5
Miami	38	42	.475	8½
Philadelphia	36	45	.444	11

CENTRAL DIVISION

	W	L	Pct	GB
Cincinnati	44	35	.557	—
Pittsburgh	43	36	.544	1
St. Louis	42	38	.525	2½
Milwaukee	38	42	.475	6½
Houston	32	48	.400	12½
Chicago	30	49	.380	14

WEST DIVISION

	W	L	Pct	GB
San Francisco	45	35	.563	—
Los Angeles	44	37	.543	1½
Arizona	39	40	.494	5½
San Diego	31	50	.383	14½
Colorado	30	49	.380	14½

Tuesday's results
Milwaukee 13, Miami 12, 10 innings
San Francisco at Washington
Houston at Pittsburgh
Chicago Cubs at Atlanta
Philadelphia at N.Y. Mets
Colorado at St. Louis
San Diego at Arizona
Cincinnati at L.A. Dodgers

Monday's games
Pittsburgh 11, Houston 2
Chicago Cubs 4, Atlanta 1
Milwaukee 6, Miami 5
St. Louis 9, Colorado 3
San Diego 6, Arizona 2
Cincinnati 8, L.A. Dodgers 2

Wednesday's games — All Times Eastern
San Francisco (Bumgarner 10-4) at Washington (E.Jackson 4-4), 11:05 a.m.
Philadelphia (Cl.Lee 0-5) at N.Y. Mets (C.Young 2-1), 1:10 p.m.
Houston (Keuchel 1-0) at Pittsburgh (Correia 4-6), 1:35 p.m.
Miami (Jo.Johnson 5-5) at Milwaukee (Wolf 2-6), 4:10 p.m.
Chicago Cubs (Maholm 5-6) at Atlanta (Delgado 4-8), 7:10 p.m.
Colorado (Guthrie 3-7) at St. Louis (Wainwright 6-8), 7:15 p.m.
Cincinnati (Leake 3-5) at L.A. Dodgers (Harang 5-5), 9:10 p.m.
San Diego (Marquis 1-4) at Arizona (I.Kennedy 6-7), 9:40 p.m.

Thursday's games
Miami at Milwaukee, 2:10 p.m.
Houston at Pittsburgh, 7:05 p.m.
San Francisco at Washington, 7:05 p.m.
Chicago Cubs at Atlanta, 7:10 p.m.
Philadelphia at N.Y. Mets, 7:10 p.m.
Colorado at St. Louis, 8:15 p.m.
L.A. Dodgers at Arizona, 9:40 p.m.
Cincinnati at San Diego, 10:05 p.m.

AUTO RACING

NASCAR SPRINT CUP

Through June 30
1. Matt Kenseth, 633 points; 2. Dale Earnhardt Jr., 622; 3. Jimmie Johnson, 610; 4. Greg Biffle, 608; 5. (tie), Denny Hamlin and Kevin Harvick, 565; 7. Clint Bowyer, 557; 8. Martin Truex Jr., 556; 9. Tony Stewart, 545; 10. Brad Keselowski, 537.

MONDAY

ROYALS 11, BLUE JAYS 3

Kansas City	ab	r	h	bi	Toronto	ab	r	h	bi
AGordn lf	5	0	2	1	Lawrie 3b	4	1	1	0
AEscor ss	4	1	1	0	Rasms cf	4	1	1	1
Hosmer 1b	4	2	2	0	Bautist rf	3	1	2	1
Butler dh	4	1	0	0	Encrnc dh	3	0	1	0
YBtncr 2b	5	2	2	2	YEscor ss	4	0	0	1
Mostks 3b	5	1	2	5	KJhnsn 2b	3	0	0	0
Francr rf	4	1	0	0	RDavis lf	4	0	1	0
S.Perez c	4	2	2	2	Lind 1b	4	0	0	0
Bourgs cf	3	1	3	0	Arencii c	3	0	0	0
Dyson ph-cf	1	0	0	0					
Totals	**39**	**11**	**14**	**10**	**Totals**		**32**	**3**	**6**	**3**

Kansas City	**022**	**200**	**500**	**11**
Toronto	**101**	**010**	**000**	**3**

DP—Kansas City 1, Toronto 1. LOB—Kansas City 5, Toronto 5. 2B—Hosmer (14), Y.Betancourt (9), Moustakas (18), Bourgeois (2), Lawrie (16). HR—Moustakas (14), S.Perez (3), Rasmus (16), Bautista (27). CS—Bourgeois (3).

	IP	H	R	ER	BB	SO
Kansas City						
Teaford W,1-1	7	5	3	3	2	2
K.Herrera	1	1	0	0	0	1
Collins	1	0	0	0	0	1
Toronto						
R.Romero L,8-3	6	11	8	8	3	4
Pauley	3	3	3	3	0	1

R.Romero pitched to 2 batters in the 7th.
HBP—by Teaford (Encarnacion), by Pauley (Butler). WP—R.Romero.
T—2:36. A—17,127 (49,260).

CYCLING

TOUR DE FRANCE

At Boulogne-Sur-Mer, France
Results Tuesday from the Tour de France third stage, a 197-kilometre (123-mile) medium-mountain ride through the Monts du Boulonnais from Orchies, France to Boulogne-sur-Mer, with five climbs
1. Peter Sagan, Slovakia, Liquigas-Cannondale, 4 hours, 42 minutes, 58 seconds; 2. Edvald Boasson Hagen, Norway, Sky Procycling, 1 second behind; 3. Peter Velits, Slovakia, Omega Pharma-QuickStep, same time; 4. Fabian Cancellara, Switzerland, RadioShack-Nissan, same time; 5. Michael Albasini, Switzerland, Orica GreenEdge, same time. 6. Cadel Evans, Australia, BMC Racing, same time; 7. Nicolas Roche, Ireland, France, AG2R La Mondiale, same time; 8. Samuel Sanchez, Spain, Euskaltel-Euskadi, same time; 9. Bauke Mollema, Netherlands, Rabobank, same time; 10. Vincenzo Nibali, Italy, Liquigas-Cannondale, same time.
11. Ryder Hesjedal, Canada, Garmin-Sharp-Barracuda, same time; 12. Wouter Poels, Netherlands, Vacansoleil-DCM, same time; 13. Andreas Kloeden, Germany, RadioShack-Nissan, same time; 14. Robert Kiserlovski, Croatia, Astana, same time; 15. Jelle Vanendert, Belgium, Lotto Belisol, same time; 16. Tejay Van Garderen, United States, BMC Racing, same time; 17. Janez Brajkovic, Slovenia, Astana, same time; 18. Robert Gesink, Netherlands, Rabobank, same time; 19. Maxime Monfort, Belgium, RadioShack-Nissan, same time; 20. Frank Schleck, Luxembourg, RadioShack-Nissan, same time.
Also
25. Jurgen Van Den Broeck, Belgium, Lotto Belisol, same time;35. Levi Leipheimer, United States, Omega Pharma-QuickStep, same time; 41. Sylvain Chavanel, France, Omega Pharma-QuickStep, same time; 53. Bradley Wiggins, Britain, Sky Procycling, same time; 59. George Hincapie, United States, BMC Racing, same time.
Overall Standings
1. Fabian Cancellara, Switzerland, RadioShack-Nissan, 14 hours, 45 minutes, 30 seconds; 2. Bradley Wiggins, Britain, Sky Procycling, 7 seconds behind; 3. Sylvain Chavanel, France, Omega Pharma-QuickStep, same time; 4. Tejay Van Garderen, United States, BMC Racing, :10; 5. Edvald Boasoon Hagen, Norway, Sky Procycling, :11; 6. Denis Menchov, Russia, Katusha, :13; 7. Cadel Evans, Australia, BMC Racing, :17; 8. Vincenzo Nibali, Italy, Liquigas-Cannondale, :18; 9. Ryder Hesjedal, Canada, Garmin-Sharp-Barracuda, same time; 10. Andreas Kloeden, Germany, RadioShack-Nissan, :19.
11. Bauke Mollema, Netherlands, Rabobank, :21; 12. Maxime Monfort, Belgium, RadioShack-Nissan, :22; 13. Janez Brajkovic, Slovenia, Astana, same time; 14. Rein Taaramae, Estonia, Cofidis, same time; 15. Peter Sagan, Slovakia, Liquigas-Cannondale, :23; 16. Jean-Christophe Peraud, France, AG2R La Mondiale, same time; 17. Marco Marcato, Italy, Vacansoleil-DCM, same time; 18. Haimar Zubeldia, Spain, RadioShack-Nissan, :24; 19. Wouter Poels, Netherlands, Vacansoleil-DCM, same time; 20. Nicolas Roche, Ireland, France, AG2R La Mondiale, same time.
Also
22. Robert Gesink, Netherlands, Rabobank, :26; 23. Jurgen Van den Broeck, Belgium, Lotto Belisol, :28; 30. Frank Schleck, Luxembourg, RadioShack-Nissan, :38; 37. Levi Leipheimer, United States, Omega Pharma-QuickStep, :45; 57. George Hincapie, United States, BMC Racing, 2:27.

GOLF

WEEKEND GLANCE

U.S. GOLF ASSOCIATION

U.S. WOMEN'S OPEN
Site: Kohler, Wis.
Schedule: Thursday-Sunday.
Television: ESPN2 (Thursday-Friday, 4-8 p.m.) and NBC (Saturday-Sunday, 3-6 p.m.).
Online: www.usga.org
LPGA Tour site: www.lpga.com

PGA TOUR

GREENBRIER CLASSIC
Site: White Sulphur Springs, W.Va.
Schedule: Thursday-Sunday.
Television: Golf Channel (Thursday, 3-7 p.m., 7:30-11:30 p.m.) and CBS (Saturday-Sunday, 3-6 p.m.).
Online: www.pgatour.com

CHAMPIONS TOUR

FIRST TEE OPEN
Site: Pebble Beach, Calif.
Schedule: Friday-Sunday.
Television: Golf Channel (Friday, 7:30-9:30 p.m.; Saturday, 2:30-4:30 a.m., 6:30-9:30 p.m.; Sunday, midnight-3 a.m., 7-9:30 p.m.; Monday, midnight-3 a.m.).
Online: www.pgatour.com

EUROPEAN TOUR

FRENCH OPEN
Site: Saint-Quentin-en-Yvelines, France.
Schedule: Thursday-Sunday.
Television: Golf Channel (Thursday-Friday, 8:30 a.m.-12:30 p.m.; Saturday-Sunday, 8 a.m.-noon).
Online: www.europeantour.com

TENNIS

WIMBLEDON

At London
Singles
Men
Fourth Round
David Ferrer (7), Spain, def. Juan Martin del Potro (9), Argentina, 6-3, 6-2, 6-3.
Andy Murray (4), Britain, def. Marin Cilic (16), Croatia, 7-5, 6-2, 6-3.
Florian Mayer (31), Germany, def. Richard Gasquet (18), France, 6-3, 6-1, 3-6, 6-2.
Philipp Kohlschreiber (27), Germany, def. Brian Baker, United States, 6-1, 7-6 (4), 6-3.
Jo-Wilfried Tsonga (5), France, def. Mardy Fish (10), United States, 4-6, 7-6 (4), 6-4, 6-4.
Women
Quarter-finals
Serena Williams (6), United States, def. Petra Kvitova (4), Czech Republic, 6-3, 7-5.
Angelique Kerber (8), Germany, def. Sabine Lisicki (15), Germany, 6-3, 6-7 (7), 7-5.
Victoria Azarenka (2), Belarus, def. Tamira Paszek, Austria, 6-3, 7-6 (4).
Agnieszka Radwanska (3), Poland, def. Maria Kirilenko (17), Russia, 7-5, 4-6, 7-5.
Doubles
Men
Second Round
Mikhail Elgin, Russia, and Denis Istomin, Uzbekistan, def. Mahesh Bhupathi and Rohan Bopanna (7), India, 7-5, 7-6 (4), 6-3.
Third Round
Jonathan Marray, Britain, and Frederik Nielsen, Denmark, def. Aisam-ul-Haq Qureshi, Pakistan, and Jean-Julien Rojer (8), Netherlands, 7-6 (5), 7-6 (4), 6-7 (4), 5-7, 7-5.
Ivan Dodig, Croatia, and Marcelo Melo (15), Brazil, lead Leander Paes, India, and Radek Stepanek (4), Czech Republic, 4-6, 6-3, 6-4, 6-7 (2), 7-6 (30-30), susp., rain.
Robert Lindstedt, Sweden, and Horia Tecau (5), Romania, lead Steve Darcis and Olivier Rochus, Belgium, 6-4, susp., rain.
Scott Lipsky and Rajeev Ram, United States, lead Chris Guccione and Lleyton Hewitt, Australia, 6-4, 2-2, susp., rain.
Bob and Mike Bryan (2), United States, lead Arnaud Clement and Michael Llodra, France, 7-6 (5), 6-4, 2-2, susp., rain.
Women
Third Round
Nuria Llagostera Vives and Maria Jose Martinez Sanchez (9), Spain, def. Olga Govortsova, Belarus, and Mandy Minella, Luxembourg, 7-6 (5), 6-4.
Ekaterina Makarova and Elena Vesnina (5), Russia, def. Marina Erakovic, New Zealand, and Tamarine Tanasugarn, Thailand, 6-3, 2-6, 7-5.
Andrea Hlavackova and Lucie Hradecka (6), Czech Republic, def. Natalie Grandin, South Africa, and Vladimira Uhlirova (11), Czech Republic, 5-7, 6-3, 6-3.
Raquel Kops-Jones and Abigail Spears (10), United States, def. Yaroslava Shvedova and Galina Voskoboeva (7), Kazakhstan, 7-5, 2-6, 6-4.
Mixed
Second Round
Julian Knowle and Tamira Paszek, Austria, def. James Cerretani, United States, and Petra Martic, Croatia, walkover.
Bruno Soares, Brazil, and Jarmila Gajdosova, Australia, lead Alexander Peya, Austria, and Anna-Lena Groenefeld (16), Germany, 4-6, 7-5, 1-0, susp., rain.
Colin Fleming, Britain, and Hsieh Su-wei, Taiwan, lead Aisam-ul-Haq Qureshi, Pakistan, and Andrea Hlavackova (7), Czech Republic, 4-3 (15-15), susp., rain.

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Winnipeg	1	0	1	0	16	33	0
Hamilton	1	0	1	0	16	43	0
Toronto	1	0	1	0	15	19	0
Montreal	1	0	1	0	10	38	0

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Saskatchewan	1	1	0	0	43	16	2
Calgary	1	1	0	0	38	10	2
B.C.	1	1	0	0	33	16	2
Edmonton	1	1	0	0	19	15	2

WEEK TWO
All Times Eastern
Friday's games
Winnipeg at Montreal, 7 p.m.
Hamilton at B.C., 10 p.m.
Saturday, July 7
Calgary at Toronto, 3 p.m.
Sunday, July 8
Edmonton at Saskatchewan, 7 p.m.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
D.C. United	18	10	5	3	34	22	33
New York	17	9	4	4	32	25	31
Kansas City	16	9	5	2	20	16	29
Chicago	16	8	5	3	21	19	27
Columbus	15	6	5	4	16	15	22
Houston	16	6	5	5	22	24	22
New England	16	5	7	4	22	22	19
Montreal	18	5	10	3	24	32	18
Philadelphia	14	3	9	2	13	17	11
Toronto	15	2	10	3	17	29	9

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
San Jose	17	11	3	3	35	22	36
Real Salt Lake	18	10	6	2	28	21	32
Vancouver	16	7	4	5	18	19	26
Seattle	17	7	5	5	21	18	26
Colorado	16	7	8	1	24	21	22
Los Angeles	17	6	9	2	25	27	20
Chivas USA	16	5	7	4	11	18	19
Portland	16	4	7	5	14	17	16
Dallas	17	3	9	5	16	26	14

Note: Three points for a win, one for a tie.
Tuesday's results
Chicago at Houston
San Jose at Portland
Wednesday's games — All Times Eastern
Kansas City at Montreal, 7 p.m.
Toronto at Dallas, 9 p.m.
Vancouver at Colorado, 9:30 p.m.
Seattle at Real Salt Lake, 10 p.m.
Philadelphia at Los Angeles, 10:30 p.m.
Saturday, July 7
Houston at Kansas City, 8 p.m.
San Jose at Dallas, 9 p.m.
Portland at Real Salt Lake, 9 p.m.
Vancouver at Chivas USA, 10:30 p.m.
Colorado at Seattle, 11 p.m.
Sunday, July 8
Los Angeles at Chicago, 3 p.m.
Toronto at Philadelphia, 4 p.m.
New York at New England, 7 p.m.
Columbus at Montreal, 7:30 p.m.

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HATCHBACK

TOP SAFETY PICK 2012

TOP SAFETY PICK 2012

Titanium model shown

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Delivery Allowance.....$1,500

Total Eligible Price Adjustments...$2,780

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- AdvanceTrac® with Electronic Stability Control
- Automatic Headlamps
- 160 hp
- 16" Wheels
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- SecuriLock® Passive Anti-Theft System
- Electric Power-Assisted Steering

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Offers exclude taxes

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6.9L/100km **41MPG** CITY··

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Altima finally gets a makeover

ALL PHOTOS WHEELBASE

Active Understeer

On the road, the Altima uses Active Understeer Control. During turning, light braking is applied to the inside wheel to counteract the natural tendency for the car to continue in straight line.

Also assisting is Nissan's Easy Fill Tire Alert that was initially installed in the Quest minivan.

Interior

The interior offers about the same passenger and trunk volume as before, but a concerted effort was undertaken to replace or recover hard-plastic surfaces with soft-touch materials. Another area of focus was noise reduction, achieved by adding more sound-absorbing materials around the car.

2013 Nissan Altima

- **Type.** Four-door, front-wheel-drive mid-size sedan.
- **Engine (hp):** 2.5-litre DOHC I4 (182); 3.5-litre DOHC V6 (270).
- **Mileage:** L/100 km (city/hwy) 7.4/5.0 (2.5).
- **Base Price (incl. destination):** $25,300.

Engine

The base 2.5-litre four-cylinder's output has notched up to 182 horsepower from the previous 175 due to a new valve train. An all-new continuously variable transmission offers fewer moving parts (reducing friction) and electronic-control improvements so that it more closely mimics a traditional multi-speed automatic.

Nissan has reduced the Altima's overall weight by about 33 kilograms.

Review. The Altima reset the bar for the family car back in 2002. Look what a decade has done

MALCOLM GUNN
Wheelbase Media

First impressions are often lasting ones, and for new-car buyers they can also make the difference between closing the deal right then and there or searching elsewhere.

Where the 2013 Nissan Altima is concerned, most shoppers' reactions will be, "Whoa!"

The outgoing Altima that has been around since the 2007 model year was certainly no mutt, but the new car really shows that its best-before date has come and gone. The mid-size sedan presents a graceful face, with a grille and headlight pods that almost appear to melt into the stylish fenders. The windshield pillars have a bit more rake to them to help reduce aerodynamic drag.

At the opposite end, the knife-edge-style tail lights neatly encircle the fenders and the trunk lid's spoiler is integrated as part of the sheet metal. Viewed in profile, the Altima doesn't appear significantly changed, but the fancier chrome door handles and similarly coated trim pieces throughout attest to the car's more glamorous presence.

The base 2.5 model's pricing begins at $25,300 (including delivery to the dealer) and includes all the usual bells and whistles. From that point, S, SV and SL models pile on the content, but can add more than $9,000 to the base price with luxuries such as heated front seats leather interior, heated steering wheel and a power moonroof.

The Altima's impressively restyled sheet metal and interior appointments, matched with seriously improved fuel economy, serve notice that this Nissan has what it takes get your attention.

"Whoa," indeed.

If you recall, Nissan/Infiniti began offering "self-healing" exterior paint. More unusual technology follows as the company has "zero gravity" front seats for the Altima that reduce pressure on the spine and improve blood flow. Of course, NASA was the influence.

Remember when taillights were on the back of a car and the headlights were on the front? With the right curves and thoughtful integration of chrome, the Altima can finally be called a pretty car.

By comparison

1 Toyota Camry
Base price: $25,200

2 Volkswagen Passat
Base price: $25,500

3 Ford Fusion
Base price: $22,500 (est.)

5 DRIVE

Top Gear

Two-bucket solution

Grit Guard is introducing its colour-coded Dual-Bucket Washing System to its cleaning products lineup. The black bucket contains only clean wash solution, so after dunking your wash mitt and washing for a bit, you then rinse the mitt in the red bucket. Dunk the mitt back into the black bucket for more washing solution, etc. Both buckets feature Grit Guard's removable inserts that keep the washed-off crud at the bottom of the bucket, reducing the possibility of paint scratches or swirl marks. The buckets sit in their own dollies with casters and have individual lids. A seat cushion included with the kit converts one bucket into a handy stool. The Dual-Bucket System sells for $130 US and is offered directly from gritguard.com.

WHEELBASE

On the Web

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Volvo's new airbag designed for pedestrians

Driving Force. All cars focus on protecting the driver and passengers, but this feature takes safety to another level

JIL MCINTOSH
drive@metronews.ca

In any collision between a vehicle and a pedestrian, the pedestrian always loses. While that will never change, Volvo is counting on its new pedestrian airbag to help reduce the severity of injuries when cars and people collide.

While other airbags are inside the vehicle, this new airbag is under the hood. When sensors in the front bumper detect that someone has been struck, the airbag deploys, lifting the rear of the hood slightly, and covering the area around the windshield wipers and pillars.

Raising the hood lifts it away from the engine, important because many pedestrians are injured when the hood buckles and they're slammed against the hard engine components below. The wiper and pillar areas are also hard and more likely to cause serious injury.

Coming in the future

- **The pedestrian airbag is currently available on the all-new V40, a model that won't be sold in Canada, but will be rolled out to other Volvo vehicles in future.**

"When the car is travelling between 20 and 50 km/h and it senses that it's impacting a pedestrian's leg, a number of things are actuated," says Thomas Broberg, senior technical advisor for safety at Volvo Cars.

"One of the joints at the rear end of the hood is released pyrotechnically, and then the airbag lifts the hood at the same time it's deploying over the wiper area. Then spring-loaded joints kick in to keep the hood in position. There are a lot of things that happen at the same time, and it's in milliseconds."

It was a challenge to develop the airbag, since temperatures in the engine compartment fluctuate considerably, and it must be protected from moisture.

"The sensors along the bumper recognize the impact of a human-like mass and form, compared to other objects that you might hit, like a grocery store cart," Broberg says.

"It doesn't go off if the car isn't moving, so if people are coming home from the pub and they start kicking cars, they can kick as long as they want, and it won't go off. And it won't go off if you're working under the hood, unless you're trying to repair your car when it's travelling at 50 km/h."

Some Volvo vehicles automatically brake when they sense a pedestrian walking out in front.

Broberg says that at lower speeds, the collision might be avoided entirely.

If the car is travelling above the airbag's 50 km/h threshold, the auto-braking might not be able to stop the car in time, but could potentially bring the speed down to the point that the airbag would deploy and help to reduce human injury.

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MISCELLANEOUS

Miscellaneous

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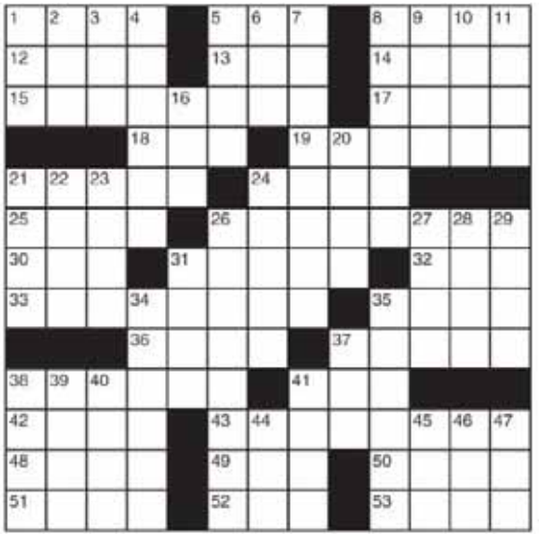
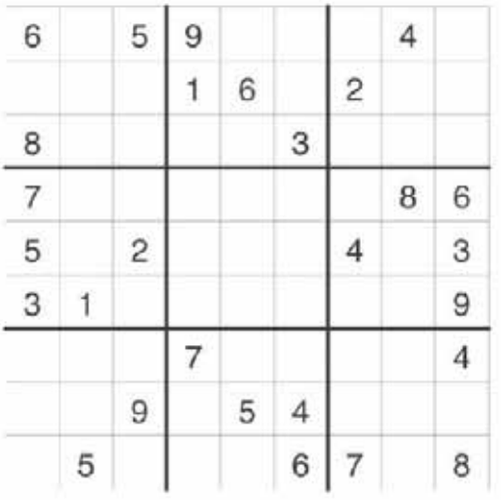
Across

1 Lovers' quarrel
5 Badly illuminated
8 Georgetown athlete
12 Head light?
13 Addressee
14 Idolaters' poetry
15 Pachyderm
17 Staff member?
18 Cacophony
19 Spain and Portugal
21 Utter confusion
24 Responsibility
25 Breathing organ
26 Vote
30 Grecian receptacle
31 Elbows' counterparts
32 Carnival city
33 Lift
35 Cookware
36 Yale students
37 Tearjerker need (Var.)
38 Yarn-fineness measure
41 London atmosphere
42 "American —"
43 Grandeur
48 Malaria symptom
49 Placekicking prop
50 Recess
51 Give temporarily
52 Still
53 Eyelid problem

Down

1 That girl
2 Crony
3 Pub order
4 Big kahuna
5 Actress Cannon
6 Charged bit
7 Rebellious sailor
8 Truthful
9 Stench
10 Bigfoot's cousin
11 On the briny
16 Possessive pronoun
20 Tampa Bay team, for short
21 Hint
22 Pitch
23 Daughter of Elizabeth
24 Dairy-case wares
26 Whole
27 Tehran's land
28 Sty cry
29 Inquisitive
31 Hardy cabbage
34 Concealed in mystery
35 Irreligious people
37 Glutton
38 "Don't touch that —!"
39 Advantage
40 It may be a common object
41 Yard trio
44 Marvin or Majors
45 "To be or — ..."
46 Shyly flirtatious
47 — out a living





How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

5	9	8	2	1	3	6	7	4
1	3	6	8	4	7	2	9	5
4	7	2	9	6	5	8	1	3
2	6	1	7	5	4	3	8	9
9	8	3	6	2	1	4	5	7
7	5	4	3	8	9	1	2	6
3	2	5	1	9	6	7	4	8
6	1	9	4	7	8	5	3	2
8	4	7	5	3	2	9	6	1

Yesterday's Crossword

Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

HA DEZ MWV RQWVPPHSN LMLVWR HS M FWMYD AWVSYD, RECV LVELKV CHNQU FKMHC DEZ'WV ES M UVMW.

Yesterday's Cryptoquip: WHEN VICE PRESIDENT AARON BECAME HUNGRY, YOU MIGHT SUPPOSE HIS FAVORITE FOOD WAS A BURR-ITO.

Today's Cryptoquip Clue: W equals R

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Today 31°/15° Thundershowers 60%
Thursday 30°/17° Mainly sunny
Know what the weather will be 14 days from now.
Check the 14 day trend.
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Horoscope

Aries | March 21 - April 20. You know what needs to be done and you know you have what it takes to make a good job of it — so what are you waiting for? Act now!

Taurus | April 21 - May 21. You may be having second thoughts about a project you are involved with, but planets warn it'd be wrong to make changes at this stage.

Gemini | May 22 - June 20. What people say and what they mean will be two different things today. Assume that nothing you hear can be taken for granted.

Cancer | June 21 - July 22. You may find yourself at a loss to explain why certain things are happening but your senses tell you they are, so all you can really do is decide how to react. Doing something is better than doing nothing.

Leo | July 23 - Aug. 22. Mercury in your sign will help you outsmart those who think you can be easily manipulated. They're wrong.

Virgo | Aug. 23 - Sept. 22. Chances are you will mislead yourself about something today — the kind of thing that 99 times out of 100 would not fool you at all.

Libra | Sept. 23 - Oct. 22. You know your way of looking at the world is best but you won't be able to convince loves ones and work colleagues of that today. They have as much right to be wrong as you.

Scorpio | Oct. 23 - Nov. 21. You will hear something you do not agree with today but don't make an issue of it. Others can rant and rave, and make fools of themselves if they so wish, but you know it is better to be self-controlled.

Sagittarius | Nov. 22 - Dec. 21. Today's cosmic activity will encourage you to focus on down-to-earth matters such as how to pay the bills and make ends meet.

Capricorn | Dec. 22 - Jan 20. Do whatever it takes to avoid feelings of doom today. If you get stuck in a bad mood now, you may not be able to snap out of it until the weekend at the earliest.

Aquarius | Jan. 21 - Feb 18. Don't try to second guess partners and loved ones today because there is a danger you will get it wrong.

Pisces | Feb. 19 - March 20. You may think you know what's going on at work, but do you? Mercury's link to Pluto warns you may have logic twisted, so try to stand back from the situation and see the wider picture. **SALLY BROMPTON**

Caption Contest

"Help! I've pollen and I can't get up!"
Amanda

TRI-CITY HERALD, BOB BRAWDY/ THE ASSOCIATED PRESS

Win!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

Sharability

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